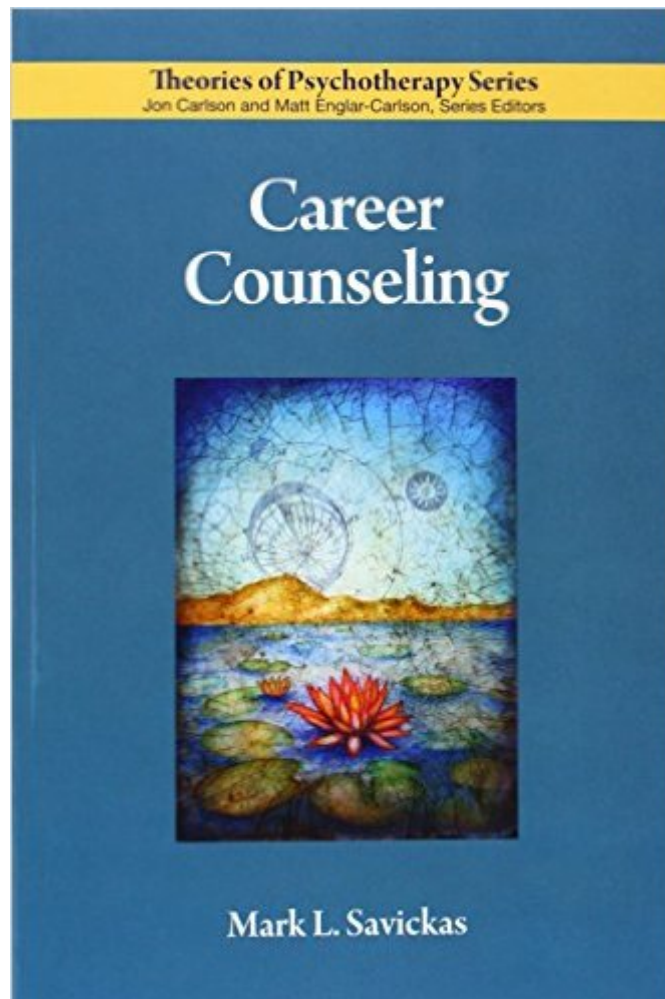


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# Career Counseling (Theories Of Psychotherapy)



## Synopsis

Author Mark L. Savickas briefly outlines the history of vocational guidance and career education in contemporary culture, then explains career construction theory as the basis for a postmodern model of career counseling. In this narrative approach, practitioners listen closely to clients' stories to identify the occupational plots, career themes, and character arcs that will be used to design the next scenario in their working lives.

## Book Information

Series: Theories of Psychotherapy

Paperback: 186 pages

Publisher: Amer Psychological Assn; 1 edition (June 15, 2011)

Language: English

ISBN-10: 143380980X

ISBN-13: 978-1433809804

Product Dimensions: 0.5 x 6.2 x 9.2 inches

Shipping Weight: 10.4 ounces (View shipping rates and policies)

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## Customer Reviews

This empowering and thought provoking book shows readers how to examine ones past experiences and understanding to create a future that is more aligned with one's true self. Though the authors main focus is career development through understanding ones self, this book certainly applies to life in general. If you are creative type of person this book can be of great help in propelling your creativity forward with regard to your career and life.

This book is required reading for my graduate studies. It is a difficult read. There is an immense amount of citation that is visually disruptive to the point that the information trying to be conveyed gets lost. The use of quotes and poems seems to be for name-dropping purposes and barely helps to solidify concepts. If you don't absolutely have to use this book for educational purposes, PLEASE don't force your students to read it.

Brilliant book guiding my research. Readable and such a helpful practitioner oriented book

I think this author is knowledgeable and easy to connect with. Great for career counseling. Came in great shape.

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